



CHAIRSIDE IMPLANT SERVICES  
*We Come To You...Chairside!*

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## PRE - OP INSTRUCTIONS FOR RIDGE AUGMENTATION

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- Premedicate with four, 500mg tablets (2000mg) of Amoxicillin 1 hour before your ridge augmentation, then take 1 tablet (500mg) every 8 hours for 7 days.
- If you are allergic to Amoxicillin, or Penicillin, premedicate with Clindamycin instead. Take four, 150 mg tablets (600mg) 1 hour before your ridge augmentation and then take 1 tablet (150mg) every 8 hours for 7 days.
- If you take aspirin on a daily basis, stop taking it for 14 days prior to the procedure. Consult with your physician prior to stopping the aspirin.
- 400mg of ibuprofen (Advil or Motrin) is recommended 1 hour prior to the procedure.
- Wear comfortable clothing. The procedure can take up to 1 hour.
- You will be instructed to chew on the opposite side for a period of time.
- Bring your dentures, stents and/or temporary bridges to the office the day of the procedure.
- Most patients experience no pain during the procedure.
- For small sites, minor pain is expected for 3-5 days following the procedure and 400-600mg of ibuprofen every 4-6 hours is recommended. Then, discomfort is to be expected for 5-10 days post-operatively.
- For large sites, minor pain is expected for 5-7 days following the procedure and 400-600mg of ibuprofen every 4-6 hours is recommended. Then, discomfort is to be expected for 7-14 days post-operatively.